

# 40 plants with edible parts

by Nancy Norris and Dudley Do-Right's Nursery

Common Name	Botanical Name	Type	Edible Parts	Height	Description	Zones
Chives	<i>Allium schoenoprasum</i>	PH	flowers, foliage	10-12"	pink puff-ball flowers	9-Feb
Amaranth	<i>Amaranthus</i> sp.	A	seeds	1-3'	green or red lvs. and plumes	annual
Dill	<i>Anethum graveolens</i> 'Fernleaf'	AH	flowers, foliage	12-18"	chartreuse flowers	annual
Chervil	<i>Anthriscus cerefolium</i>	AH	flowers, foliage	12-18"	fern foliage	3-8
French tarragon	<i>Artemisia dracunculus</i> var. <i>sativa</i>	P	leaves	2-3'	thin little leaves, licorice-like	4-8
Swiss chard	<i>Beta vulgaris</i> var. 'Rhubarb Chard'	B	foliage	12-18"	colorful "trees",	annual
Yellow rocket	<i>Barbarea rupicola</i> 'Sunnyola'	PH	flowers	2"	sweet, mild horseradish flavor	3-8
Thai chili peppers	<i>Capsicum annuum</i>	A	fruit	12"	spicy red 1-2" hot peppers	annual
Ahi Omnicolor' pepper	<i>Capsicum baccatum</i> var.	A	fruit	1-2'	2.5" peppers, red when ripe	annual
Calamondin	<i>Citrofortunella mitis</i> 'Variegata'	T	fruit	1-2'	sour oranges, Filipino lime	10-11
Chamomile, double	<i>Chamaemelum</i> n. 'Flore Pleno'	PH	flower petals	4-6"	white flowers	4-9
Cilantro	<i>Coriandrum sativum</i> 'Confetti'	AH	flowers, foliage	18-24"	dissected foliage	annual
Crowberry	<i>Empetrum nigrum</i>	P	fruit	4"	mat of needle lvs, black fruit	1-5
Fennel, Bronze	<i>Foeniculum vulgare</i> 'Perfection'	AH	flowers, foliage	2-3'	filament foliage, licorice seeds	annual
Kumquat	<i>Fortunella margarita</i> 'Nagami'	PT	flowers, fruit	2-3'	Pot/prune to keep tree dwarf	8-11
Sweet woodruff	<i>Galium odoratum</i>	P	entire flower	6-7"	small white flowers in spring	3-8
Daylily	<i>Hemerocallis</i> sp. 'Eenie Weenie'	P	flowers, buds	10"	2" yellow flowers	5-10
Lettuce, dwarf Romaine	<i>Lactuca sativa</i> 'Little Gem'	A	leaves	6"	personal size heads of lettuce	annual
Lavender	<i>Lavandula</i> a. 'Thumbelina Leigh'	PH	flower petals	6"	gray mounds, fragrant flowers	5-9
Tomato, Micro Tom	<i>Lycopersicon</i> sp. 'Micro Tom'	A	fruit only	4"	1/2" red fruit	annual
Peppermint, variegated	<i>Mentha piperita</i> 'Variegata'	PH	flowers, foliage	12"	white and green foliage	3-9
Beebalm, dwarf	<i>Monarda</i> sp. 'Petite Delight'	P	flowers, foliage	12-18"	pink flowers	3-8
Basil, bush or Greek	<i>Ocimum basilicum</i> 'Basilico Greco'	AH	flowers, foliage	6-8"	compact plants, small leaves	annual
Pesto Perpetuo' basil	<i>Ocimum</i> x <i>cit.</i> 'Pesto Perpetuo'	A	foliage	2-3'	white/green lvs., keeps going!	7-9
Marjoram	<i>Origanum majorana</i>	AH	flowers, foliage	6-12"	white fls., spreading foliage	annual
Oregano, golden	<i>Origanum vulgare</i> 'Aureum'	PH	flowers, foliage	6-12"	gold foliage, lilac flowers	4-9
Geranium, scented	<i>Pelargonium</i> spp.	TP	flower petals	1-2'	mint, berry, spice, fruit flavors	10-11
Parsley, curled	<i>Petroselinum crispum</i>	BA	foliage	8"	curly foliage, fls. second year	5-9
Nectarine, Miniature	<i>Prunus</i> x 'Garden Delight'	T	fruit, petals only	4-6'	short tree, medium fruit	5-9
Peach, Miniature	<i>Prunus</i> x 'Pix Zee'	T	fruit, petals only	3-4'	short tree, medium fruit	6-8
Pomegranate, dwarf	<i>Punica granatum</i> 'Nana'	T	fruit	12-14"	orange flowers, red fruit	7-11
Rosemary, dwarf	<i>Rosmarinus officinalis</i> 'Prostratus'	PH	flowers, foliage	18-24"	blue flowers, spreads to 8'	7-10
Sage, common	<i>Salvia officinalis</i>	PH	flowers, foliage	8-12"	use variegated varieties	annual
Savory, summer	<i>Satureja hortensis</i>	AH	flowers, foliage	1-2'	narrow lvs., lilac tubular fls	annual
Savory, winter	<i>Satureja montana</i> 'Prostrate White'	PH	flowers, foliage	6"	narrow lvs., pink flowers	5-8
Culinary thyme	<i>Thymus vulgaris</i>	PH	flowers, foliage	2-10"	varieties in red, pink, white fls.	4-9
Nasturtium	<i>Tropaeolum majus</i> 'Alaska'	AH	flowers, foliage	12"	red/orange fls., non-climbing	annual
Blueberry, dwarf	<i>Vaccinium</i> x 'Top Hat'	T	fruit	18-24"	pea-size frt., orange fall fol.	3-8
Johnny jump up	<i>Viola tricolor</i>	PA	flower petals	7-10"	flowers resemble faces	annual
Mini pansies	<i>Viola</i> x 'Baby Franjo'	PA	flower petals	4"	yellow flowers	7-10

Plant type: A = annual B = biennial TP = tender perennial H = herb S = shrub T = tree P = perennial

Abbreviations: fls = flowers frt = fruit fol = foliage lvs = leaves. Zones are USDA Hardiness Zones

# 60 herbs for railway gardens

Herb name	Description of herb and culinary use
ARTEMESIA DRACUNCULUS (TARRAGON)	The essential herb for classic French cuisine ! Find a sunny well drained location in your garden for this beautiful plant which will grow to about 2 - 3 feet tall. Each stem is covered with pretty, long, narrow leaves which have a strong and pleasing anise flavor. This herb is a small perennial shrub and will produce an abundance of stems which you can easily harvest and dry for your favorite recipes.
ARUGULA	A must have herb for every garden. Fresh leaves add great flavor to salads, pastas and pizzas. Very easy to grow. Good spring and early summer. Both leaves and flowers are edible. Leaves have a tangy spicy flavor, and are best when picked young. An Italian classic.
BASIL AFRICAN BLUE	If you would like to bring honey bees back to your garden plant this incredible Basil ! It is a large, beautiful plant with pretty lavender flowers you will not want to be without ! Most people find the flavor of this Basil too strong for a culinary selection but the bees will love you forever for thinking of them !
BASIL CINNAMON	Try this Cinnamon flavored Basil as a garnish for fruit salads or baked into your next cheesecake ! It is an attractive plant which grows 18" - 24" tall with beautiful purple stems, green leaves and lavender flowers. It's flavor strongly resembles the cinnamon you bake with. Try some fresh or it's wonderful dried.
BASIL FINO VERDE	Plant this beautiful perfectly globed shaped little basil as an ornamental in your garden and then enjoy a harvest of it's leaves for cooking ! This little globe basil can also be used as a formal topiary in a terra cotta pot on your patio. Fino Verde has an intense sweet basil taste and that alluring basil aroma. It's leaves are very small and are easy to use in salads and as a garnish. Plant in full sun with rich well drained soil.
BASIL GENOVA	This is THE true Genovese Basil found in every Italian garden ! These plants have beautiful long, dark green leaves which reach 4 inches in length making them perfect for cooking. Dreaming of pesto all Summer ...remember to plant many bushes so you can look forward to a bountiful harvest for months to come. You won't want to be without this superbly fragrant and luscious basil. Try drying some of your leaves for cooking later in the year.
BASIL ITALIAN LARGE LEAF	A big producer of large basil leaves for all of your cooking needs. Each plant can grow to 2.5 feet tall and have beautiful crinkled leaves. Italian Large Leaf Basil has a very sweet flavor and lovely aroma. Great for making pesto, or used fresh in summer salads. Plant in full sun and rich well drained soil.
BASIL LETTUCE LEAF	A very good culinary variety with many uses. The leaves are very large and have a crinkled seersucker like appearance. They are light green and have a strong spicy scent and flavor. Plants can grow 18" - 24" tall in your beds. Plant in full sun and rich well drained soil.
BASIL ORIENTAL BREEZE	A NEW Introduction that has been bred for it's beautiful and very fragrant 4 to 6 inch long white and purple flower heads ! You will find Oriental Breeze an intriguing and aromatic addition to your bouquets. Plant in full to part sun. This new Basil is also well suited to container gardening. 12 to 18 inches in height.
BASIL PURPLE RUFFLES	An All American Winner ! Large, heavily ruffled and fringed dark purple leaves and pinkish purple flowers make this a striking new addition to the herb garden or flower border. Plants can reach up to 2 feet tall and the leaves have a very spicy flavor. A partially shaded location will suit this Basil.
BASIL RED LEAF	This is the red leaf form of the wildly popular Thai Holy Basil. Vigorous plants will produce continuously for a long harvest season. An ideal decorative container plant as well as one of the wonderful aromatic edible basil. Try this basil for it's exotic flavor and beautiful pink flowers.
BASIL SPICY GLOBE	This is the MOST attractive form of fine leaf bush basil available. This stronger, improved selection has larger leaves and a dense, even growth habit. Growing only 10" to 15" tall it will make an attractive topiary or try it as an edging for your flower beds. Spicy Globe has a nice sharp basil flavor and pleasing aroma. Plant in full sun and give it well drained soil for best performance.
CATNIP	Treat your cats to hours of fun in the garden. Try planting this catnip as a border or in containers to be placed near your cat's favorite resting places ! This selection has a fresh,lemony flavor that your cats will find irresistible. This plant is a reliably hardy perennial herb that can grow to be 1'-3' tall so there is no worry about it disappearing from your garden. Grows in sun and most soil types.
CHAMOMILE NOBILE TRENEAGNE	This delightful, ideal lawn substitute is very slow growing, sturdy and does not flower, so it doesn't attract bees to your lawn area ! It will release a wonderful scent when walked upon and it also grows nicely between your stepping stones. This very neat and tidy Chamomile will not require mowing. It is reliably perennial and a beautiful addition to your lawn seating areas.

CHIVES	Chives are an elegant and graceful addition to your herb garden. Long, beautiful stems have a refined, pleasing, mild oniony flavor and they also provide you with edible lavender-pink flowers for that gourmet salad garnish. Easy to grow in a container or in the ground, harvest the stems frequently to encourage a long generous season of production.
CILANTRO LONG STANDING	The piquant flavor of fresh cilantro has become a California garden favorite. An essential ingredient in Mexican and Asian cooking this new selection will perform longer and give you a bigger harvest than regular Cilantro. The parsley like leaves are sweet and aromatic.
DILL FERNLEAF	An All American Winner in 1992! Attractive lacy foliage adorns this well behaved eighteen inch tall garden dill. The more you harvest it's leaves, the more it will produce. A beautiful addition to containers and beds, try this unique, compact dill for it's incredible array of culinary features.. Plant in full sun.
EPAZOTE	Once impossible to find in local gardens you will not want to be without this Central American herb for your regional favorite recipes. Highly esteemed in traditional Mexican cooking it's unique flavor will enhance every dish. Try drying it's leaves and steep them into an interesting tea.
MARJORAM ZA'ATAR	An Ancient herb often mentioned in the Bible, grow this unusual selection as a rarity in modern gardens. Soft grayish, green leaves . Very spicy minty oregano flavor. Perennial that needs full sun and well drained soil
MENTHA GRACILIS GINGER	You will love the bright yellow stripes which are painted on the fresh green serrated leaves of Ginger Mint. Not only does Ginger Mint make a refreshing, spicy tea but it is beautiful grown in a hanging basket ! Try bringing the alluring tropical ginger scent into your herb garden today !
MENTHA KENTUCKY COLONEL	The best Spearmint available to home gardeners ! This mint, which is favored for that classic Southern drink - the Mint Julep, will add rich spearmint flavor and a deep, fragrant aroma to your teas everyday of the week. Try growing Spearmint in a container for easy harvest. It will quickly reach a height of 12 to 24 inches and has pretty crinkled leaves.
MENTHA MOROCCAN	A new mint introduction from the Middle East, home of the famous Moroccan Mint Tea ! Brew up this exotic mint tea for it's sweet flavor which will bring back memories of traveling to that far off, intoxicating land of Morocco. Moroccan Mint will sooth your stomach and refresh your spirit. Try growing this beautiful mint in a favored container near your garden steps.
MENTHA SUAVEOLENS APPLE-MINT	You will be delighted to discover an apple fragrance coming from the soft gray-green, rounded leaves of this mint. A vigorous plant, it will grow to 1'tall and have beautiful lilac flowers. When your apple tree is not in season take a breath of this wonderful strong apple scented mint ! Plant in full sun or partial shade.
MENTHA SUAVEOLENS PINEAPPLEMINT	Lovely white splashes adorn the green leaves of this fragrant pineapple scented mint. It looks great growing in containers, mixed with your other favorite herbs, or try it in a hanging basket. Always attractive and aromatic you won't want to be without this little piece of the tropics !
OREGANO GREEK	This is THE true Oregano collected from the mountains of Greece. It has an excellent flavor and is very hardy in the garden.
OREGANO VARIEGATED	A beautiful variegated selection of the classic culinary Oregano. Add a splash of color to your herb garden or plant in a decorative setting. A flavorful and aromatic Oregano with multiple uses.
OREGANO VULGARE ITALIAN	No other herb says fresh home cooking better than Italian Oregano ! From pasta sauces to pizza this long lasting, easy to grow essential herb will reward you with the best flavor available. So aromatic you can dry and store enough of the tasty leaves for several seasons cooking projects.
ORIGANO VULGARE AUREUM "GOLD"	This golden yellow form of Oregano is both strikingly beautiful and edible ! A pretty addition to your ornamental garden, a fantastic groundcover with shining yellow-green leaves or planted among your other culinary herbs. Try something new this season.
ORIGANO VULGARE SPP. DICTAMNUS	One of the most beautiful decorative Oreganos which is also used in cooking. This elegant hanging specimen will be covered with cascading papery lavender bracts that will dry beautifully. Good in rock gardens or try in a basket.
ORIGANUM VULGARE "HOT & Spicy"	A new Oregano on the market, try this selection to add a more peppery and hot flavor to your cooking. As with all Oreganos it is very easy to grow and will flourish in your garden with little care.
PARSLEY CURLED	A beautiful curly leaf Parsley which is used as a garnish or chopped into salads, or sauces. A fantastic compliment to Italian Parsley in your herb garden.
PARSLEY ITALIAN	The favorite type of Parsley because it's flavor is extra rich. It always adds that classic European character to your soups, salads and pastas. Dark green, glossy leaves have a strong, clean flavor. A taller, popular variety which is very easy too grow. Plant several bushes for long harvests throughout the season.

PERILLA SHISO RED	An interesting large leafed Japanese herb that is becoming very popular in America. Used in sushi and in soups this herb is also a beautiful selection for your decorative flower garden. Easy to grow and very pretty, you will love this easy new plant. Available in both a green and red leaf form.
ROSMARINARIS BARBEQUE	The hottest new Rosemary available to the home gardener who loves to bbq! Harvest the long stems and use them as flavorful skewers for your kabobs. This plant will also be welcomed in your garden for its beautiful light green leaves and pretty light blue flowers.
ROSMARINARIS HUNTINGTON CARPET	Huntington Carpet is a beautiful landscape selection and an edible rosemary! Growing to 18 inches in height it will spread quickly, happily staying full in the middle unlike many other Rosemaries. The plants will be covered with beautiful pale blue flowers in the winter months. A very pleasant flavor will compliment for all styles of cooking.
ROSMARINARIS PRIMLEY BLUE	Try this pretty new bushy rosemary comes to us from the Mediterranean, home of the best herbs. This rosemary would be perfect in a container or try it in your herb garden. It is a well mannered smaller scale Rosemary for today's gardens. "Primley Blue" has very pretty flowers and is highly aromatic. Try shaping into a topiary for a more formal appearance.
ROSMARINARIS TUSCAN BLUE	Tuscan Blue Rosemary is known for its ability to easily produce a beautiful tall border for your garden and it will also give you unlimited flavorful leaves for cooking! Wintertime brings the darkest deep violet-blue flowers and lovely tall spires. Try cutting branches and lay them on your barbeque fire to add that unique flavor loved by all.
SALVIA RUTILANS PINEAPPLE SAGE	An elegant garden sage that has a profusion of red flowers which will attract hummingbirds to your garden. Its delicate, fruity flavor is very different than the other sages making Pineapple Sage ideal for refreshing iced teas and fruit salads. This plant can grow to be six feet tall but it is easily trimmed to a smaller size. Many wonderful glasses of tea await you on those hot summer days from this beautiful plant.
SALVIA OFFICINALIS ICTERINA	With its beautiful golden variegated leaves this sage makes a bright addition to your herb garden as well as a delightful garnish. The taste of Golden Sage is slightly milder than the other sages. It loves a drier location in the garden, performs well in containers and will grow to eighteen inches in height.
SALVIA OFFICINALIS PURPURESCENS	Soft purple leaves are the feature of this lovely garden sage. It is excellent as a seasoning and it has a nice flavor which you will enjoy in teas. Try pinching fresh leaves as a garnish for your dinnerplates.
SALVIA OFFICINALIS TRICOLOR	Attractive ornamental leaves splashed with pink, cream and green make this sage family member the most elegant plant in your herb garden. It makes a beautiful garnish that will complement your summer meals both on the plate and cooked into your dishes. Tall spikes of lavender flowers can also be used in many ways.
SALVIA, COMMON SAGE	Garden Sage, Common Sage or Green Sage. This is the variety most often used in commercially dried herb sage. A beautiful, easy to grown plant that will attract pollinators with their pretty lavender flowers which appear on long spikes in summertime. Try this herb fresh in pastas and chicken recipes. This flavorful, strong herb is great for stuffings too.
SANTOLINA CHAMAECYPARISSUS	Aromatic silver-green leaves adorn this hardy garden herb which is valued as a small hedge or pruned into beautiful knot garden shapes. It likes ordinary, sandy soil. A major ingredient in sachets Green Santolina has been used through the ages to repel insects.
SANTOLINA ROSMARINIFOLIA	The highly aromatic green leaf form of Santolina is a fantastic small shrub or an easily maintained knot garden plant.
SATUREJA MONTANA	Winter Savory. Longing for a winter hardy Savory for your cooking, then try this beautiful little perennial Savory. Hardier and spicier in flavor than Summer Savory, this selection has a sweeter and milder flavor than Oregano. It makes a beautiful small plant, 6 to 12 inches in height, with small white flowers which the bees love all summer long.
SATUREJA DOUGLASII	A California native which will be perfect for that slightly shaded area of your herb garden. Yerba Buena makes a refreshing tea with a slight menthol flavor. Its nature is to creep and crawl along the ground up to 6 feet and will have pretty little white flowers as well. A nice selection for your rock wall.
STEVIA REBAUDIANA	A remarkable sugar substitute for everyone looking for fewer calories in their food. Hundreds of times sweeter than sugar but without the calories. A pleasant herby flavor that won't overpower the foods that you add it to. Leaves can also be brewed into a tea for a pleasant beverage. Also used around the world as an addition to toothpastes.
SUMMER SAVORY	A quick growing, finely branched little bush will be covered with aromatic leaves which have a piquant flavor always found on gourmet herb gardeners shelves. The flavor is never overpowering and is a classical addition to all of your cooking needs. Delicate pink flowers grow along the stem and attract many beneficial insects to your garden. Plant in rich, moist soil for best growth.

TAGETES LUCIDA 4 SEASONS TARRAGON	Winter Tarragon has golden flowers and long, smooth leaves which taste lightly of anise. Since this tarragon is a perennial grower in our gardens you be using this herb all winter. Plant in rich, moist, well-drained, moderately rich soil.
THYMUS CITRIODORUS DOONE VALLEY	This thyme looks as if a house painter splashed it with yellow paint ! Totally random gold streaked leaves will appear. Delicate pink flowers are a pretty contrast to the unusual foliage. Very nice lemon flavor can be used as a garnish.
THYMUS CITRIODORUS FRAGRANTISSIMUS ORANGE	Sensational orange flavor and scent will make a nice tea, great in cooking and used as a garnish. Use fresh or dried.
THYMUS CITRIODORUS GOLD LEMON	Rare white flowers grace this celebrated herb. Bright yellow and green leaves look great in Spring with little blue flowers. Use it in teas, salads, baked into cakes and cookies or as a meat seasoning.
THYMUS CITRIODORUS SILVER QUEEN	Bright silver green foliage is a perfect compliment to your herb garden. Lemon scented leaves with mauve flowers on this small bush will always be welcomed.
THYMUS CITRIODORUS VARIEGATA	A classic lemon scented thyme for the herb garden. It will form a large bush and have variegated leaves. Mauve flowers are a pretty compliment.
THYMUS PRAECOX ALBIFLORUS	Pretty small leaved trailing thyme species with white flowers. Use as a groundcover or in a mixed container.
THYMUS PRAECOX PINK CHINTZ	Creeping groundcover with long blooming pretty pink floers. Rounded aromatic, fuzzy dark olive green leaves which blooms early thru mid-summer. Evergreen foliage which can withstand light traffic. It is also a culinary herb.
THYMUS PSEUDOLANGUINOSUS	Wooly thyme. Lovely low carpets of grey, wooly leaves with pale pink flowers. Lacks scent or flavor. It's virtue is mainly visual and tactile. Good for placing between stepping stones.
THYMUS SERPYLLUM ELFIN	Pink flowers adorn this trully diminutive groundcover thyme in summer. Can be used as a moss substitute in bon-sai. Spreads slowly 18-24 inches, after many years it reaches 3 feet.
THYMUS VULGARIS "SILVER POSIE"	Beautiful silver variegation on pale green leaves with masses of pale mauve pink flowers in Spring thru Summer. One of the best varieties available to gardeners.
VALERIAN	Also known as Garden Heliotrope this plant is considered by many to be one of the finest hardy perennials for shade. Fragrant 5 inch pinkish-white flower clusters in mid summer perfume the early evening air. Teas are made from the dried roots of two year old plants.
<i>Courtesy of Do-Right's Nursery www.dorights.com</i>	